



OC OFFICE ON AGING

Monthly Newsletter

SEPTEMBER 2026

The Orange County (OC) Office on Aging is committed to enhancing the quality of life for older adults in our community. Our mission is to ensure older adults in Orange County can age with dignity and independence while enjoying a high quality of life. We provide comprehensive services, resources, and advocacy to support this goal. For more information, please visit our website or contact us directly:

 **Website:** officeonaging.oc.gov

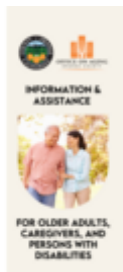
 **Email:** AreaAgencyOnAging@occr.oc.gov

 **Phone:** (714) 480-6450



Online Resources Directory

Looking for support or services? Our free [Online Resources Directory](#) makes it easy to search for what you need. Find information related to caregiver support, in-home care, legal aid, and more!



Updated Office on Aging Brochure

We have refreshed our information & Assistance brochure to better highlight the services and resources available to older adults, caregivers, and people with disabilities in Orange County. Download it here: [Office on Aging I&A Brochure](#)

RESOURCE SPOTLIGHT



Older Adults and Caregiver Resource Guides

The County of Orange has released the Older Adults Resource Guide and Caregiver Resource Guide, two essential community tools designed to make it easier for residents to find local programs, services, and support. The Older Adults Resource Guide provides information on social services, health resources, safety programs, housing options, and more. The Caregiver Resource Guide helps caregivers locate respite support, educational resources, financial assistance, and practical help for navigating care responsibilities. Both guides were developed with input from partners and organizations serving older adults and caregivers across Orange County. They are free, easy to access, and available for broad distribution. We encourage all partners and residents to share the guides through newsletters, social media, websites, and community networks.

👉 [Access both guides at ocnavigator.org.](https://ocnavigator.org)

UPCOMING COMMUNITY EVENTS

YOU'RE INVITED!

OCTOBER 13
Tuesday | 9 AM - 1 PM



bit.ly/ocasc-fair

Orange County Aging Services Collaborative

OLDER ADULT RESOURCE FAIR

Delhi Center
505 E Central Ave,
Santa Ana, CA 92707



Community Resources

Free Admission

Opportunity Drawings

Orange County Aging Services COLLABORATIVE



Alzheimer's ORANGE COUNTY

FREE TO REGISTER | www.ocagingservicescollaborative.org

Orange County Aging Services Collaborative Older Adult Resource Fair

About: Connect with local organizations, learn about programs and services for older adults, and enjoy a day of education, resources and opportunity drawings. This free event is open to older adults in Orange County, as well as family members and caregivers looking for helpful resources and information.

When: October 13, 2026, from 9 a.m. to 1 p.m.

Where: Delphi Center; 505 E. Central Ave., Santa Ana, CA 92707

Register: bit.ly/ocasc-fair



SEA COUNTRY SENIOR & COMMUNITY CENTER



Senior Resource Fair

Date
Thursday, October 15th
Time
10:00am - 2:00pm

Free to Attend
Local Organizations
Giveaways
Hourly Raffles



Registration is not required
to participate.

For information, please call
Sea Country Senior and
Community Center
at (949) 425-5151

Sea Country Senior & Community Center | 24602 Aliso Creek Rd.
Laguna Niguel, CA 92677

Senior Resource Fair

About: Join the Sea Country Senior & Community Center for this free event featuring local organizations, giveaways, hourly raffles, and information about helpful services that support older adults in Orange County. Registration is not required.

When: October 15, 2026, from 10 a.m. to 2 p.m.

Where: Sea Country Senior & Community Center; 24602 Aliso Creek Rd.,
Laguna Niguel, CA 92677

More information: (949) 425-5151

Library Events in Partnership with the OC Office on Aging*

- **Crafty Adults: Fall Terrarium** - Registration may be required. Please inquire with the respective library branch below.
 - October 1, 2026, at 5 p.m.; [Stanton Library](#)
 - October 1, 2026, at 5 p.m.; [Costa Mesa - Donald Dungan Library](#)
 - October 3, 2026, at 2 p.m.; [Villa Park Library](#)
 - October 9, 2026, at 10:30 a.m.; [Laguna Beach Library](#)
 - October 10, 2026, at 2 p.m.; [Garden Grove - Tibor Rubin Library](#)
 - October 12, 2026, at 4 p.m.; [Laguna Niguel Library](#)
 - October 13, 2026, at 4 p.m.; [Foothill Ranch Library](#)
 - October 20, 2026, at 5 p.m.; [Costa Mesa - Mesa Verde Library](#)
 - October 21, 2026, at 4:30 p.m.; [Aliso Viejo Library](#)
 - October 28, 2026, at 10 a.m.; [Laguna Woods Library](#)
- **[Music Appreciation Series: Trio Renacimiento](#)**
 - **When:** Various dates and locations
- **[Fall Gardening Workshops](#)**

- **When:** Various dates and locations
- **Collaborative Creations: Paint and Swap**
 - **When:** Various dates and locations
- **Drop-In Stitching**
 - **When:** Monday mornings at 10 a.m.
Where: Laguna Woods Library; 24266 El Toro Rd., Laguna Woods, CA 92637

**The materials or product were a result of a project funded by a contract with the California Department of Aging and administered by the Orange County Office on Aging.*

Event information is provided for informational purposes only. The County makes no guarantee as to the accuracy of the event content and assumes no responsibility or liability.

[View All OC Office on Aging Events](#)

NEWS



OCTA Rider Training Program

Orange County Transit Authority provides free Transit Training service for those who want to develop confident bus-riding skills before heading out to explore Orange County. The training is designed for small groups of 10 or 20, both online and in-person. During the training, you will learn how to plan for a trip, fares and reduced fare options, how to safely board and exit a bus, ADA accessibility standards and using mobility devices, and interactive activities. Workshops are offered in English, Spanish, Vietnamese, Korean, and Mandarin.

👉 [Learn more and book your training workshop.](#)



Medicare Annual Open Enrollment Period

Medicare Open Enrollment happens from October 15 to December 7th and is the time each year when you can make changes to your Medicare coverage. The changes you make during Open Enrollment are effective January 1 of the next year.

Learn about what you can do during Open Enrollment. Local services are available to help you navigate your options. The Health Insurance Counseling and Advocacy Program (HICAP) offers one-on-one counseling to assist Medicare beneficiaries, their families, friends, and caregivers understand their Medicare benefits and best healthcare options.

 **Get connected with HICAP at (714) 560-0424.**

GET INVOLVED

OAAC Meetings

The OC Older Adults Advisory Commission (OAAC) advises the OC Board of Supervisors through the OC Office on Aging on matters affecting older adults in Orange County. You are invited to attend the upcoming OAAC meetings:

- **OAAC General Meeting**
 - **When:** October 9, 2026, at 9:30 a.m.
 - **Where:** 1400 S Grand Ave., Santa Ana, CA 92705; Main Conference Room
- **Executive Committee Meeting**
 - **When:** October 23, 2026, at 9:30 a.m.
 - **Where:** 1300 S Grand Ave., Bldg. B, Santa Ana, CA 92705

[Learn more about OAAC.](#)

Please note: Meeting locations are subject to change. For the most up-to-date information, please visit the [OAAC webpage](#), or check our [Facebook](#) or [Instagram](#) before attending.

OC OFFICE ON AGING MONTHLY STATISTICS

Numbers are based on August 2026 service data.



STAY INFORMED

Keep up-to-date with important announcements, events, and community news from the OC Office on Aging by subscribing to this newsletter, following us on social media, visiting our website, or contacting us directly.

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 [Instagram:](#) @oc_ooa