OC OFFICE ON AGING
Monthly Newsletter

OCTOBER 2026

The Orange County (OC) Office on Aging is committed to enhancing the quality of life for older adults in our community. Our mission is to ensure older adults in Orange County can age with dignity and independence while enjoying a high quality of life. We provide comprehensive services, resources, and advocacy to support this goal. For more information, please visit our website or contact us directly:

Website: officeonaging.oc.gov

Email: AreaAgencyOnAging@occr.oc.gov

Phone: (714) 480-6450



Online Resources Directory

Looking for support or services? Our free **Online Resources Directory** makes it easy to search for what you need. Find information related to caregiver support, in-home care, legal aid, and more!



Updated Office on Aging Brochure

We have refreshed our information & Assistance brochure to better highlight the services and resources available to older adults, caregivers, and people with disabilities in Orange County. Download it here: **Office on Aging I&A Brochure**

UPCOMING COMMUNITY EVENTS



Medicare Annual Open Enrollment Period

About: Need help reviewing your Medicare coverage or comparing your options? Schedule a one-on-one appointment with a Health Insurance Counseling and Advocacy Program (HICAP) counselor. Appointments are available in person or by phone.
When: Now through Dec. 7, 2026
More information: (714) 560-0424 or HICAP Medicare Enrollment Assistance in Southern California

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Successful Aging in Place Resource Fair

About: Find helpful information, resources and guidance to support your ability to stay safe and independent at home. Explore caregiving and Alzheimer's resources, meet local service providers, and discover programs that make aging in place easier.
When: Nov. 7, 2026, from 11 a.m. to 3 p.m.
Where: Geneva Presbyterian Church; 24301 El Toro Rd., Laguna Woods, CA 92637
More information: Successful Aging in Place Resource Fair

Library Events in Partnership with the OC Office on Aging*

- **Fall Gardening Workshops**
  - Wild About Seeds | Nov. 3, 2026, at 4 p.m.; Los Alamitos-Rossmoor Library
  - A Harvest of Blooms | Nov. 4, 2026, at 5:30 p.m.; Tustin Library
  - Living Centerpieces | Nov. 5, 2026, at 10 a.m.; Laguna Woods Library
  - Dinosaurs vs. Gnomes | Nov. 5, 2026, at 4 p.m.; Westminster Library
  - Salad Starter Seeds | Nov. 7, 2026, at 11 a.m.; Ladera Ranch Library
  - Pumpkin Succulents | Nov. 7, 2026, at 1 p.m.; Costa Mesa Donald Dungan Library
  - Herbal Tea Gardens | Nov. 9, 2026, at 5 p.m.; Aliso Viejo Library

- Hungry Bog Garden | Nov. 10, 2026, at 11 a.m. & 3 p.m.; Library of the Canyons
- Fantasy Terrariums | Nov. 15, 2026, at 10:30 a.m.; Costa Mesa Donald Dungan Library
- Chia Gardens | Nov. 19, 2026, at 4 p.m.; Los Alamitos-Rossmoor Library
- A Gnomevember to Remember | Nov. 19, 2026, at 4 p.m. | Stanton Library
- Plant a Salad Bowl | Nov. 21, 2026, at 11 a.m.; Laguna Beach Library

- **Drop-In Stitching**
  - **When:** Monday mornings at 10 a.m.
    Where: Laguna Woods Library; 24266 El Toro Rd., Laguna Woods, CA 92637

**The materials or product were a result of a project funded by a contract with the California Department of Aging and administered by the Orange County Office on Aging.*

Event information is provided for informational purposes only. The County makes no guarantee as to the accuracy of the event content and assumes no responsibility or liability.

View All OC Office on Aging Events

NEWS



County of Orange Launches Dedicated El Niño Emergency-Response Website

The County of Orange has launched a dedicated El Niño emergency-response website to help residents, businesses, and commuters find emergency updates, preparedness information, and infrastructure updates as storm season approaches.

👉 Visit the County's El Nino emergency-response website for the latest information and resources.

RESOURCE SPOTLIGHT



Senior Protection Program

The Senior Protection Program helps older adults recognize and protect themselves from financial abuse through free education and outreach on scams, fraud trends, asset protection, powers of attorney, and advance health care directives.

Financial abuse occurs when someone improperly uses another person's money or property. If you suspect that you or someone you know is experiencing abuse, help is available. Contact the appropriate resource below:

- **Adult Protective Services:** (800) 451-5155
- **Long-Term Care Ombudsman Program:** (800) 300-6222 for concerns involving individuals living in licensed care facilities
- **Local law enforcement:** Find your local police department

👉 For information on the latest scams and fraud trends, call the Senior Protection Program at (714) 479-0107 or visit COASC Senior Protection Program & FAST.

GET INVOLVED

OAAC Meetings

The OC Older Adults Advisory Commission (OAAC) advises the OC Board of Supervisors through the OC Office on Aging on matters affecting older adults in Orange County. You are invited to attend the upcoming OAAC meetings:

- **OAAC General Meeting**
  - **When:** November 13, 2026, at 9:30 a.m.
    Where: 1400 S Grand Ave., Santa Ana, CA 92705; Main Conference Room

- **Executive Committee Meeting**

  - **When:** November 20, 2026, at 9:30 a.m.
    Where: 1300 S Grand Ave., Bldg. B, Santa Ana, CA 92705

Learn more about OAAC.

Please note: *Meeting locations are subject to change. For the most up-to-date information, please visit the OAAC webpage, or check our Facebook or Instagram before attending.*

OC OFFICE ON AGING MONTHLY STATISTICS

Numbers are based on September 2026 service data.



STAY INFORMED

Keep up-to-date with important announcements, events, and community news from the OC Office on Aging by subscribing to this newsletter, following us on social media, visiting our website, or contacting us directly.

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